

SNAP-Ed Cooking Matters Series of Classes



WANT TO:

- Prepare delicious, new recipes in a fun setting
- Learn to get your family excited about healthy eating
- Learn tricks to buy healthy food on a budget
- Take home *free* groceries after each lesson
- Receive a guide with 60+ delicious, low-cost, family-friendly recipes and kitchen supplies

IF SO, JOIN US FOR A **FREE** COURSE!

SIGN UP FOR COOKING CLASSES TODAY!

Classes to be held at: **Greene County OSU Extension Office**



With generous support from the



DETAILS:

Dates: Thursdays, August 17th, 24th, 31st, September 7th, 14th, and 21st, 2017

Time: 5:00 – 7:00 p.m.

Location: OSU Extension, Greene County
100 Fairground Rd.
Xenia, OH 45385

RSVP: Erin Fawley, SNAP-Ed Program Coordinator

Phone: 937-372-9971 ext.121, Email: Fawley.11@osu.edu

Questions?

Can't make this course but want to participate in the future?

Call 937-372-9971 ext.121.

This course is **FREE** and open to parents 18 and over and for individuals on Food Assistant Programs such as SNAP, WIC, Soup Kitchens, etc.

Participants should plan on attending all 6 lessons.



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

COLLEGE OF EDUCATION AND
HUMAN ECOLOGY

FAMILY AND CONSUMER SCIENCES

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